



Innovative Therapy 4-Kids

WINTER PROGRAMS



Language Group

Social & Language Pragmatic Skills

*Pre-school – Elementary age

Ongoing - 1x/week

Our language-based peer group helps children explore ways to develop and maintain peer relationships. It is a 50 minute therapy session with 2-4 children with similar ages, developmental stages, and interests.

The sessions target greetings, movement, turn taking, interactive play, conversation skills, problem solving skills, verbalizing wants and needs, self regulation, and many other skills.

Red Light Green Light

Self Regulation Skills

*Pre-school – Elementary age

12 weeks - 1x/week

Self-regulation is the ability to control and direct our feelings, thoughts, and actions in a variety of situations, environments, and in response to cognitive or social situations. It can be as simple as a child raising his hand when asking a question in class, or as complex as a child controlling her feelings when frustrated or angry. This 12 week, small group session will teach you and your child a cognitive-sensory approach to facilitate minimizing your child's self regulation challenges during everyday tasks. This group

Pen Pals

Structured Handwriting Program

12 weeks – 1x/week or

6 weeks - 2x/week

*Levels 1, 2 & 3

Our Pen Pals program is based on the 'Handwriting Without Tears' program developed by Occupational Therapist Jan Olsen. This is a developmentally appropriate, kinesthetic, whole-body, fun way to learn how to form letters. Encourage your child to sing the songs, listen to the music, find colors, shapes, letters, and numbers in everyday objects and most of all, have fun!



Please call for more details

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